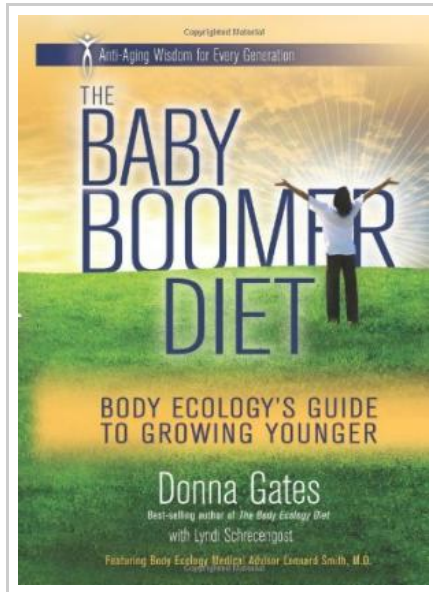




The Baby Boomer Diet: Body Ecology's Guide to Growing Younger: Anti-Aging Wisdom for Every Generation

By Schrecengost, Lyndi, Gates, Donna

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