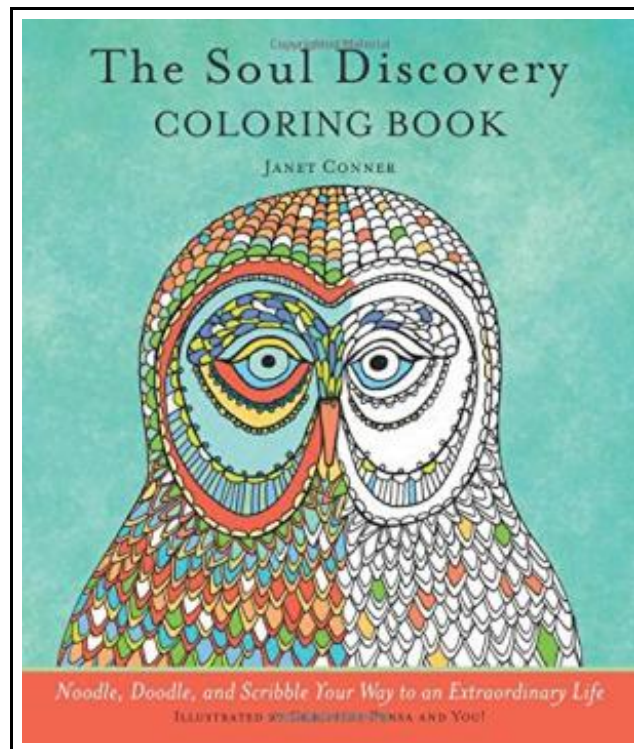


The Soul Discovery Drawing Book: Noodle, Doodle, and Scribble Your Way to an Extraordinary Life (Paperback)



Filesize: 7.25 MB

Reviews

Very beneficial to all of type of individuals. This can be for those who statte that there had not been a really worth reading. You will not really feel monotony at at any time of your respective time (that's what catalogs are for concerning should you ask me).

(Michale Shields)

THE SOUL DISCOVERY DRAWING BOOK: NOODLE, DOODLE, AND SCRIBBLE YOUR WAY TO AN EXTRAORDINARY LIFE (PAPERBACK)



Conari Press,U.S., United States, 2016. Paperback. Book Condition: New. 254 x 216 mm. Language: English . Brand New Book. In Writing Down Your Soul, Janet Conner introduced tools to teach readers how to connect to the voice within where soul knowledge and spiritual breakthroughs occur: If you want to engage in a vibrant conversation with the wisdom that dwells just a hair below your conscious awareness, write. Write every day, at approximately the same time, with passion, honesty, and the intention of speaking with and listening to the voice within. As a natural extension and follow-up to Writing Down Your Soul, here is a companion coloring book that offers a powerful catalyst for accessing the knowledge already deep within you.Structured around 22 key questions to ignite the imagination, such as When I look out, what do I see? When I look in, what do I see? and If I could create the perfect gate to my extraordinary life, what would it look like? The Soul Discovery Coloring Book invites readers to: Noodle: use silence, reflection, staring off into space, allowing images to comeDoodle: not drawing to replicate, but allowingColor: allowing the colors to choose youScribble or soul write: scribbling because when we soul write we write fast and messy to get ahead of our conscious mindFor each of the 22 key questions there are 4 pages: the first poses and explores the question and provides an image to color, the second provides an image to color plus space to scribble and doodle, the third offers a quote or small inspiration design for free drawing, and the fourth offers blank space to allow the reader to complete their exploration through writing or coloring.Adult coloring books are all the rage and The Soul Discovery Coloring Book comes with the added benefit of...



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